

Year Group	Subject	Half-term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 2	PSHE	Unit of learning	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
		<i>Unit content</i>	What are my hopes and fears for the year? What are our class rules? What are my rights and responsibilities?	Do boys and girls like different things? What is a stereotype? How can I stand up for myself and others? How can I make new friends?	What are my goals for success? What are my learning strengths? How can my friends help me to learn? What makes good teamwork?	How can I stay healthy? How do I like to relax? How can I be safe around medicine? What are my healthy eating choices? Why are they important?	What are my family relationships? How do I like my family and friends to treat me? How can I resolve conflicts? Are secrets good or bad? Who can I trust, who are my special people?	What life cycles do we see in nature? How do people change as they grow from young to old? How am I changing? How do I keep my body safe and private?
		<i>Knowledge</i>	Know that I belong to my class Know my rights and responsibilities Know how to make my class a safe place for everybody to learn Know my views are valued Know how it feels to be proud of an achievement	Know what boys and girls like Know that people make assumptions about boys and girls (stereotype) Know what is right and wrong Know some ways to make new friends	Know my goals and how to achieve it Know I can persevere even when I find tasks difficult Know who I can work with and who it is more difficult for me to work with Know how to work cooperatively in a group to create an end product Know how to share success with other people	Know what I need to keep my body healthy, know what relaxed means Know some things that make me feel relaxed and some that make me feel stressed Know how medicines work in my body and how important it is to use them safely Know which food my body needs to keep me healthy Know healthy food and why they are good for me	Know my family and understand my relationship with each of them Know why it is important to share and cooperate Know that there are lots of forms of physical contact within a family and that some of is acceptable and some not Know that sometimes it is good to keep a secret and sometimes it is not good to keep a secret Know and recognise people who can help me in my family, my school and my community Know how to express my appreciation for the people in my special relationships	Know cycles of life in nature Know about the natural process of growing from young to old and understand that this is not in my control Know how my body has changed from young to old Know the physical differences between boys and girls, use the correct names for parts of the body Know there are different types of touch and tell others ones I like and don't like Know what i am looking forward to when I am in Year 3
		<i>Vocabulary</i>	worries, hopes, fears, belonging, rights, responsibilities, responsible, actions, praise, reward, consequence, positive, negative, choices, co-operate, learning charter, problem solving	boys, girls, similarities, assumptions, shield, stereotypes, bully, purpose, difference, kind, unkind, feelings sad, lonely, help, bully, on purpose, stand up for, help, qualities, friendship, caring, kind, special, unique, value	realistic, proud, success, celebrate, achievement, goal, strengths, persevere, challenge, difficult, easy, goal, partner, team work	healthy, choices, lifestyle, motivation, relax, relaxation, tense, calm, dangerous, medicines, safe, body, balanced diet, portion, proportion, energy, fuel, nutritious	family, different, similarities, special, relationship, important, cooperate, touch, physical contact, communication, hugs, like, dislike, acceptable, not acceptable, friends, likes/dislikes, conflict, point of view, problem solving, secret, surprise, good secret, worry secret, trust, surprised, frightened, trust, trustworthy, honesty, celebrate, positive, negative, appreciate	change, grow, control, life cycle, baby, adult, growing up, old, young, change, respect, appearance, physical, baby, toddler, child, teenager, independent, timeline, freedom, responsibilities, male, female, penis, testicles, vulva, anus, public, private, touch, cuddle, hug, squeeze, like, dislike, acceptable, unacceptable, comfortable, uncomfortable, looking forward, excited, nervous, anxious, happy

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		<i>Progression standards</i>	Recognise that they share a responsibility for keeping themselves and others safe Know how to communicate feelings to others and recognise how others show feelings Recognise how their behaviour affects other people Listen to other people and play and work cooperatively Learn how to resist teasing and bullying, if they experience or witness it, whom to go to and how to get help Learn to recognise what is fair / unfair, kind / unkind, right / wrong Share their opinions on things that matter to them and explain their views through discussions with one person and the whole class Learn how to contribute to the life of the classroom Help construct, and agree to follow, group and class rules and to understand how these rules help them	Recognise what they like and dislike and how to make real informed choices, which can have good and not so good consequences Learn about good and not so good feelings Know how to communicate feelings to others and recognise how others show feelings Recognise how their behaviour affects other people Listen to other people and play and work cooperatively Be able to receive constructive support and feedback to and from others Be able to judge what kind of physical contact is acceptable / unacceptable, comfortable / uncomfortable, and how to respond Learn how to resist teasing and bullying, if they experience or witness it, whom to go to and how to get help Learn to recognise what is fair / unfair, kind / unkind, right / wrong Share their opinions on things that matter to them and explain their views through discussions with one person and the whole class Learn how to contribute to the life of the classroom	Recognise and celebrate their strengths and set simple but challenging goals Recognise that they share a responsibility for keeping themselves and others safe Know how to communicate feelings to others and recognise how others show feelings Recognise how their behaviour affects other people Listen to other people and play and work cooperatively Be able to receive constructive support and feedback to and from others Learn how to resist teasing and bullying, if they experience or witness it, whom to go to and how to get help Learn to recognise what is fair / unfair, kind / unkind, right / wrong Share their opinions on things that matter to them and explain their views through discussions with one person and the whole class	Recognise what they like and dislike and how to make real informed choices, which can have good and not so good consequences Learn about good and not so good feelings Learn about change and loss and the associated feelings Know the names of the main parts of the body Learn rules for, and ways of keeping, physically and emotionally safe - including road safety, online safety, the differences between secrets and surprises Understand that household products, including medicines, can be harmful Recognise that they share a responsibility for keeping themselves and others safe Know how to communicate feelings to others and recognise how others show feelings Recognise how their behaviour affects other people	Recognise that they share a responsibility for keeping themselves and others safe Know how to communicate feelings to others and recognise how others show feelings Recognise how their behaviour affects other people Learn the difference between secrets and surprises and the importance of not keeping adults' secrets, only surprises Be able to judge what kind of physical contact is acceptable / unacceptable, comfortable / uncomfortable, and how to respond Learn how to resist teasing and bullying, if they experience or witness it, whom to go to and how to get help Learn to recognise what is fair / unfair, kind / unkind, right / wrong Learn that they belong to various groups and communities such as family and school	Learn about change and loss and the associated feelings Know the names of the main parts of the body Know how to communicate feelings to others and recognise how others show feelings Learn the difference between secrets and surprises and the importance of not keeping adults' secrets, only surprises Be able to judge what kind of physical contact is acceptable / unacceptable, comfortable / uncomfortable, and how to respond Learn that they belong to various groups and communities such as family and school