

skeleton	hard parts inside your body that holds you up and helps you move
organs	parts inside your body that do important jobs to help you live and stay healthy
protect	keeping something safe from harm or danger
hygiene	keeping your body clean to stay healthy and stop germs spreading

- Can you name some body parts on the outside of our bodies?
- What body part helps us: smell, see, touch, hear, taste?
- Why do we need our skeleton?
- Can you name some bones that protect our organs?
- Can you act out what the: brain, heart, lungs, stomach does?
- How can we keep our bodies healthy?

