

Peer pressure- is when friends or classmates try to influence your choices, sometimes in a good way and sometimes in a bad way.

Smoking- is when a person breathes in smoke from a cigarette or other tobacco product.

Alcohol is a drink for adults that can change how the body and brain work.

- What are qualities of good friends?
- What is peer pressure?
- How to deal with peer pressure?
- Why smoking and alcohol is bad for your health?
- Who can you talk to if you feel worried or pressured?

